EKO in the Press

A household name in the field of diagnostics and imaging

EHM News Bureau

Dr Sharma's EKO X-Ray

Dr S K Sharma's EKO X-Ray and Imaging Institute was the first to install the ultrasonography machine in the country. At that time as EKO was the only institute to offer ultrasonography, it became so popular among the medical fraternity of the city, that it came to be known as "sharmagraphy" after Dr Sharma.

From its very inception, EKO X-Ray has been a leader in the field of medical diagnostics. The facilities offered at the centre are comparable to the international standards. Among the many firsts, EKO has been the pioneer in starting echocardiography, TMT and Color Doppler diagnostic tests. It was the first to install the super-conductor magnet in the entire Eastern region and so was the first multi-slice CT. In collaboration with the state government at Calcutta Medical College and Hospital, Kolkata in April 2002.

Dr Sharma, director of EKO X-Ray and Imaging Institute is one of the pioneers in the field of medical diagnostics in the country. He always thinks ahead of time. So in the 80s he could envisage the role diagnostics tests and imaging could play in the treatment of patients.

Dr Sharma said that EKO X-Ray has always been a leader in introducing of medical imaging EKO X-Ray has already incorporated those," adds Dr Sharma.

Today, the institute has an array of specialist diagnostic departments which are as follows: MRI, spiral CT scan, nuclear medicine, X-ray, ultrasonography, cardiology, gastroenterology, pathology, bronchoscopy, bone densitometry, orthopentanogram, electric encephalography, electromyography, radio-immuno assay, pulmonary function test and an EKO specialty clinic.

Each of these departments performs a range of specialist diagnostic tests under a single roof so that it provides for the total needs of any patient. Nuclear Medicine has always remained a forte of Dr Sharma. He has been actively involved in practising nuclear medicine for the last 3 decades. Today, the department in EKO is one of the best and busiest in the entire country.

Among its many facilities, there is nuclear cardiology, the non-invasive imaging of heart muscle by thallium or MIBI, which is essential for management of ischaemic heart disease. The therapeutic procedures practiced in the

Dr S K

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states are recommended to us for their tests. Even patients from neighbouring countries of Bangladesh and Nepal come here for the tests. The visiting doctors have repeatedly praised the facilities available at the hospital and have compared our infrastructure and services to some of the very best in the country," said Dr Sharma.

"EKO X-Ray also operates satel-
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a noble one, which will provide the best diagnostics at a very reasonable rate. These initiatives will help the poorer patients and those in the rural areas suffering from diverse diseases of gastroenterology, skin and heart to avail of the facilities at affordable rates," he added.

Speaking about his future plans, Dr Sharma has plans to install PET SCAN (POSITRON EMISSION TOMOGRAPHY) machine at a cost of about Rs. 18 crores to detect cancer in the body." Dr Sharma's vision is to bring back the golden
...ed used to enjoy in the

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Modern medical imaging

MEDICAL IMAGING and Radiology form one of the most important branches of the medical field. This is particularly true in today's world when great strides have been taken to see inside a human body. Those parts of the body

frequency waves, images are taken by the computer and very fine details of the internal anatomy and blood flow is visualised.

USG is particularly useful in diagnosing diseases like infections, and

high-field MRI alongwith the most powerful computers, it is possible to finish the investigation study thoroughly within 25/30 minutes which helps for accurate diagnosis and maximum comfort to the patient.

patient is not subjected to any kind of risk. This is very helpful in children and in old and debilitated patients.

Modern medical imaging is a must for diagnosis of diseases. But the high cost of purchasing and maintaining

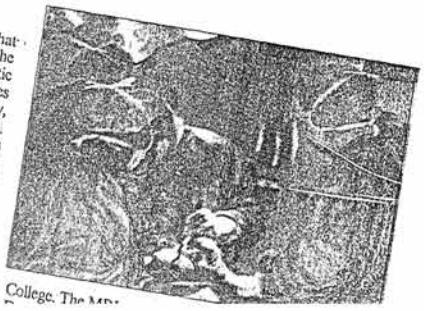
The Statesman
KOLKATA
PLUS
KOLKATA MONDAY 1 JULY 2002
SUPPLEMENT

EKO X-Ray

visit to this institute will rid you of the misconception that state of the art treatment is not available in India. The -X-Ray and Imaging Institute is a premier diagnostic in eastern India. The digital X-Ray system provides ata acquisition, better resolution and image quality, terised storage and archiving facilities.

radiologist can process the images after acquisition trieve informations about bone, soft tissues, lung yma etc from a single image. The orthopantomogram offers a panoramic view of teeth, mandible (jaws) and mpero-mandibular joints.

The first DEXA scanner (BMD) in eastern India is newly rational at this institute. It is an essential device for sment of bone density which is a must for management oporosis and prediction of fracture risk, especially in enopausal women. The newly installed 1.5 Tesla MRI ed with all accessories and software for in-
y body part. Ma-



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...veral obligations ...diagnostic centres ...has made us more ...of our physical pro... ...Kolkata ago, despite In... ...harvest of the Green ...health institutions re... ...to be denied. Doctors ...d to do a done, but the ...for several reasons, rema... ...level of the health industry ...ed, took hit HIB on the people, ...was felt and thus arose the ...the development of proper ...centres that could cater to the

...ntinuity of medical centres does ...country's image and have a great ...ary in taking care of the people's ...ith. Some of the-art facilities that ...the state-of-the-art facilities ...lipped in supporting modern and im... ...rovised treatment.

From appendicectomy to an open ...that surgery including kidney transplant, orthopedic X-ray and magnetic resonance imaging, there are units dealing with tremendous ex...

is highly competitive in the region. It has facilities to cope with all kinds of cardio vascular, medical and surgical problems. It boasts of state-of-the-art intensive coronary care and therapy units (ICCU and ITU) which are fitted with a modern monitoring system. Round-the-clock cover is provided by a highly-trained team that takes care of all the emergencies. Dr Sharma, who is a well-known name in the cardiac surgery circles, says that any patient, at any time, can be sure of the whole array of facilities available at Woodlands's Dialysis unit. Says Dr Sen, medical director of Woodlands: "These units are open to the city for any case which needs immediate attention." Woodlands's pride is its cardiac surgery unit. It's Nephrology unit, under the aegis of an expert nephrologist is "one of the busiest in the city", says Dr Sen. Kidney transplantation is done by a team of experts.

The latest addition of it's progress is another dimension of kidney stones. Here just bladder and kidney stones are removed without resorting to surgery. A modern and safe procedure, it is frequently performed as an out-patient service.

Woodlands is easily the most popular nursing home among expectant mothers. Its comfortable rooms, the

with the help of the latest medical equipment available in the medical field the world over. It was set up to provide services to the people especially of the eastern region and also those of the countries like Nepal, Bhutan and Bangladesh.

It provides an array of total diagnostic equipments like imaging-ultrasonic from X-ray, eco cardiology, color doppler, computerized treadmill, computer ECG, holter monitors and high resolution ECG, city scanning and last but not the least — MRI. Ex-

cept for the latter, all the facilities are also offered by the Calcutta Medical Centre (CMC) and Woodlands.

The modality of MRI (non-invasive technique) is that one can see the blood vessels especially of the brain without giving contrast medium injections to the patient. Says Dr Sharma of EKO, "In this method, no risk is involved, the patient is also comfortable and the whole process lasts just 20 minutes." He further adds: "Without this technique, the patient would have to be hospitalised for two days and also there are two per cent chances of the patient dying. So far 150 cases have been treated using MRI."

WOCKHARDT: The Wockhardt Medical and Research Centre also has a range of state-of-the-art equipments and USP's to their local clientele. Its check up packages

are opting for laparoscopic cholecystectomy or key hole surgery. Says Ms Sen, "the patient is home and in office within two days." Hernia is another area where the laparoscopic technique is fast gaining ground and is now possible."

Hernia have now been regulated by the same method. Says Ms Sen, "we have successfully operated 82 cases till date."

Today's CEO's, besides being engaged in building their corporate image, have become extremely health conscious. Due to over work and work pressures, they have often become victims of stress and hypertension. It is here that the various health centres offer a panoramic insurance. Woodlands offers three solutions which include X-rays, ECG and pathology tests.

Woodlands was the first to acquire state-of-the-art equipment for computerised treadmill Test for non-invasive diagnosis of ischaemic heart diseases, exercise tolerance after myocardial infarction as also for determining the success following coronary bypass surgery.

Chemitron has definitely been the watchword for all health clinics. Whether it is in the rooms, pantry or kitchen or for the matter even in the wee top priority. In Woodlands area, bed, compliment of the hospital, is sent to every room daily — a little homely touch which makes the patients feel at home and helps in taking away their "hospital fears".

Apart from the above mentioned centres, there are various other medical and health centres which cater to the people through the services offered by them. The growing importance and need of these centres can be inferred by the fact that more and more people are opting to rely on these fa-

City to soon have better facilities for cancer

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Dec. 12: The first cyclotron unit of ...will come up in ...out two years, ...l be built by the ...e of Nuclear ...institute director ...aha on Thursday. ...king on the occa... ...llation of the first ...orthesis unit of ...dia by a private ...centre. The state ...y granted a five- ...or this purpose. Dr ...l. The unit will pro- ...o isotopes for treat- ...detection of cancer. ...nits are present only ...bai and Pune only, ...being tried to be set up ...derabad," he added. ...isotopes are now ...ed mainly from the

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...मी सोच ...हानगर ...रहे में ...प्लग ...च्छा ...म, ...?

का, जो कि 'विश्वमित्र' के साथ एक भेंट वार्ता में कलकत्ता के सामाजिक ढाँचे पर चर्चा कर रहे थे।

डॉ. शर्मा कहते हैं कि सरकारी तंत्र से लेकर श्रमिकों के स्तर तक कार्य-संस्कृति में सुधार करने की भारी गुंजाइश है। कई साल पहले कलकत्ता की यातायात व्यवस्था की समीक्षा की गई थी। आठ 'फ्लाई ओवर' बनाने का प्रस्ताव किया गया था, मगर वह प्रस्ताव अब तक ठंडे बस्ते में पड़ा है। यही है यहां की कार्य-संस्कृति! लगता है कि यहां के लोगों को अपने राज्य, अपने राष्ट्र और अपने परिवार के प्रति कर्तव्य का बोध कराने की जरूरत आ पड़ी है। अब कार्य संस्कृति ने बंगाल को विकास दृष्टि से पीछे धकेल दिया है। आप हैं कि बंगाली समाज से उदीयमान वर्ग उच्च शिक्षा हासिल कर निकल यहां के लोग दूसरे राज्यों में जाकर प्रतिभा के इस्तेमाल से अपनी है, बल्कि साथ-साथ कुशलता और गुणवत्ता भी है। दरअसल बंगाल के लोगों का दूसरे राज्यों में इस्तेमाल किया जा रहा है। इस तरह से प्रतिभाओं का पलायन जारी है। हमें अपनी प्रतिभाओं से लाभ उठाने की जरूरत है। बंगाल उद्योग-व्यापार के क्षेत्र में तुलनात्मक दृष्टि से पिछड़ रहा है। जो कि एक अच्छा संकेत नहीं कहा जा सकता। राज्य में स्थिर सरकार और संसाधनों की उपलब्धता के बावजूद औद्योगिकीकरण की दौड़ में पिछड़ना एक विडम्बना ही कही जायेगी। उद्योग नहीं होंगे तो रोजगार कहाँ

डा. एस.के. शर्मा कहते हैं कि कुछ समय पहले मैं जापान गया था। वहां कई रोज रुकने का मौका मिला। वहां के शिक्षा व सांस्कृतिक संस्थानों का भ्रमण किया। जिस दिन मुझे वापस आना था, उस दिन एक युवक कुछ ऐतिहासिक स्थलों का भ्रमण कराकर हवाई अड्डे में विदाई देने आया हुआ था। हवाई जहाज छूटने में विलम्ब थी। उस युवक ने बड़े ही विनम्र भाव से निवेदन के स्वर में हाथ जोड़ते हुए कहा कि महाशय! अब मुझे इजाजत

से मिलेगा? अगर बेक
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किसी भी समाज की प्रगति
पर निर्भर करती है।

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